



Resources

A handy resource reference for Schools, Clubs, Centres and Zones.

Netball New Zealand has developed helpful, free resources to help our community coaches, managers, umpires, administrators, parents and players. Have a look at some of our *most popular and frequently used* resources below. You can find more resources on our website.

Resources

Coaching 	The Coaching Diary	<i>The essential coach diary every coach can use. Includes calendars, team goals & values, NetballSmart warm up, training session plans, game day plan, stats sheets, trials info, etc.</i>	Available on Sport Tutor
	Community Coach Starter Resource (youth)	<i>75 pages. An essential guide for coaches starting their coaching including the warmup, 12 session plans, netball rules, terminology, etc.</i>	Available on Sport Tutor
	Year 9 and 10 Season Starter Resource (youth)	<i>60 pages. An introductory guide filled with games, NetballSmart warmup, and coaching ideas for coaches of year 9 and 10 students.</i>	Available on NetballSmart website
	Online Weekly Support guide	<i>An online weekly support guide for coaches who want more session plans ideas and support with general, positive coaching practices.</i>	Available on Sport Tutor (login needed)
Managing 	Introduction to Team Managing	<i>The managing handbook (20 pages). Includes: people & relationships, communication, team culture, NetballSmart, nutrition & hydration, rules, health & safety, scoring, statistics, etc.</i>	Available on NNZ website
	Team Managers Season Handbook	<i>The advanced Managers handbook (25 pages). Includes: Team Administration, Team Activities, Game Day, Tournaments, End-of-Season Prizegiving, Score Sheet, Game Statistics, Shooting Statistics, NetballSmart info., etc</i>	Available on NNZ website
	General Game & Shooting Statistics	<i>Helpful, pre-made statistic sheets you can download and start using right away.</i>	Available on NNZ website
Tamariki 	Year 1 and 2 futureFERNs	<i>A coaching resource with 10 training sessions. Now available without having to complete the course.</i>	FutureFERNs website (click Coaching Portal)
	Year 3 and 4 futureFERNs	<i>A coaching resource with 10 training sessions. Now available without having to complete the course.</i>	FutureFERNs website (click Coaching Portal)
	Year 5 and 6 futureFERNs	<i>A coaching resource with 10 training sessions. Now available without having to complete the course.</i>	FutureFERNs website (click Coaching Portal)
	Year 7 and 8 futureFERNs	<i>A coaching resource with 10 training sessions. Now available without having to complete the course.</i>	FutureFERNs website (click Coaching Portal)
	Year 7 and 8 PDP	<i>An extension coaching resource including training sessions.</i>	Available on Sport Tutor



NetballSmart 	Dynamic Warmup	<i>The ACC and NNZ endorsed official Netball warm up.</i>	NetballSmart website
	Concussion: Management guide	<i>A guide for managing concussion within Netball.</i>	NetballSmart website
	Preparation Programme	<i>A great resource for coaches in the lead up to Netball season to ensure players are court ready.</i>	NetballSmart website
	Smart Preparation	<i>A great one-page, visual handout for players at the start of the Netball season.</i>	NetballSmart website
	Smart Parent	<i>A useful guide for parents to help their adolescent Netball player navigate the game.</i>	NetballSmart website
	Smart Player	<i>A helpful guide for players to ensure they stay court ready and healthy through Netball.</i>	NetballSmart website
Umpiring/ Officiating 	Starting out Umpiring Netball	<i>A fantastic and essential introductory resource and refresher for all community umpires. A great document to go over with your umpires at the start of the season.</i>	Available on NNZ website
	Community Umpiring Guidelines	<i>A document for anyone wanting to take their umpiring further. Includes: New Zealand Umpire Pathway, Badges, Certificates and Tracksuits, Umpire Theory Exams, Zone and New Zealand Theory Exams, Fitness Testing, Umpire Development, etc.</i>	Available on NNZ website
Volunteer/ Admin 	Recruit Volunteers & Structure Volunteer Roles	<i>Are your volunteers receiving what they want? Learn how to influence volunteering behaviour, increase retention & make volunteering fun!</i>	Available on NNZ website
	Volunteer Management Plan	<i>An editable resource to ensure you are including the 6 pillars of volunteer management and ensuring your processes are replicable and efficient</i>	Available on NNZ website
	Inducting your Volunteers	<i>It's important to have an induction process for volunteers joining you. If a volunteer feels valued and supported from the start, they are more likely to remain at your organisation for longer.</i>	Available on NNZ website
	Volunteer Culture Check	<i>A positive culture attracts volunteers. This includes assessing & creating a positive culture.</i>	Available on NNZ website
Policies 	Junior Netball Policy	<i>The NNZ official Junior netball policy. Includes: Game Time, Boys in Netball, Junior formats, How much netball is healthy, NetballSmart, Parent/ Spectator and Coach Code of Behaviour, etc.</i>	Available on NNZ website
	Secondary School Netball Guidelines	<i>The NNZ official Secondary School Netball Guidelines. In progress.</i>	Due Mar 2023
	NNZ Code of Conduct	<i>NNZ Code of Conduct. Found in the appendix of the NNZ Regulations 2021.</i>	Available on NNZ website
	NNZ Safe Netball for Children Policy 2022	<i>An important policy regarding Safeguarding our tamariki and rangatahi within Netball. This includes legal requirements and best practice.</i>	Available on NNZ website

**This list was updated and published 1 March 2023.*

NetballShare

NNZ in consultation with various Centre, club and school representatives, created 27, commonly used, editable netball documents for club and school administrators. Simply download, edit and keep on file for your Centre, School or Club.

Some of these include:

- The Coach and Managers Handbook
- Leading a Coach Information Session
- The Coach Agreement
- Trial Administration and Organisation
- Year Planner (word and excel versions)
- Team Forming and Selecting Resource
- Selector Sheets (different types)
- Game Day Checklist
- Game Plan, Line-up and Position Tracking

The NetballShare resources can be found on the NNZ Sport Tutor page [here](#) (no login needed).

Quick Links

Netball NZ resource library: <https://www.netballnz.co.nz/netball-nz/resources/library.html>

Sports Tutor: <https://sporttutor.nz/netballnz> or click [here](#) to go straight to the page (no login needed).

NetballSmart Resources: <https://netballsmart.co.nz/netball-smart/resources.html>

ANZ FutureFERNs: <https://www.futureferns.co.nz/>