

NNZ Coaching Framework

CCA1 Module Descriptions

Pre-requisite: Player Centred Coaching

Learn, reflect, connect with other coaches and be ready for the season ahead.

Player Centred Coaching

Coaches will reflect on their coaching practice, learn what it means to coach in a player centred environment and develop purposeful netball specific games.

Player Centred Coaching is a pre-requisite for all other NNZ CCA1 modules.

Team Culture

Develop the skills to create your Team Vision, establish and re-establish Team Values, and Team Building Activities that can be utilised throughout the Season.

Building Effective Relationships (BER)

Coaches will learn tools and systems to understand and manage people in a team environment, including communication, people management and conflict management.

Planning

Coaches will learn tools and systems for effective planning for teams, including week and season plans.

Defence 1

Coaches will discuss stages of learning, the phases of defence, and extend knowledge on how to link one on one defence with intercepting and decision making.

Skills Analysis

Coaches will build knowledge and understanding for how to analyse skill execution and learn new strategies to encourage players to solve problems.

Attacking Fundamentals

Coaches will review fundamental skills and integrate these into attacking skills, deepen understanding of a player centred approach and implement effective coaching points.

Shooting

Coaches will gain an understanding of the coaching points and sequential steps involved in shooting.

Selecting

Coaches will examine the concept of coaches as selectors and cover selection process, policies, procedure, criteria and communication.